

Winter 2008

The *School Food Services News* is published three times per year (fall, winter and spring) and is available on the School Food Services Web page.

NEWS School Food Services

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National School Breakfast Week – March 3-7



School Breakfast: Fuel Your Imagination

This year, National School Breakfast Week (NSBW) features characters from the 1971 movie "Willy Wonka & the Chocolate Factory."

During the week, try to increase participation in breakfast. According to the Food Research and Action Center, children who eat breakfast at school perform better on standardized tests than those who skip breakfast or

eat breakfast at home. Some ideas to consider are:

- participation awards
- breakfast in the classroom
- a writing contest about the importance of eating a nutritious breakfast
- a break after first period to have breakfast
- a grab-and-go breakfast that students can take with them.

Refer to <http://www.schoolnutrition.org> for additional information. Please notify your area supervisor of any ideas or events that you use during NSBW. We would really like to hear about your success!

Food-Safety Inspections

State agencies must collect information on the total number of food-safety inspections conducted in food-preparation and/or service areas in schools under their jurisdiction. The results for Missouri are:

Number of Schools

48	2 percent of schools reported no inspections
289	14 percent of schools had only one inspection
1455	69 percent of schools had two inspections
304	15 percent of schools had three or more inspections
0	0 percent of schools did not submit a report of inspections

School Food Services thanks all schools for reporting in a timely manner.



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Missouri Schools Awarded for Breakfast Programs

School Strategies Bring Healthy Breakfast to More Children



Twelve schools in Missouri have been recognized for their innovative school breakfast programs. By providing breakfast in the classroom and offering breakfast at no charge, more than half of the students at Columbia Public School's West Boulevard Elementary enjoy school breakfast daily. The school's exceptional program has earned them first place in the St. Louis Dairy Council's Expanding Breakfast Awards, a \$5,000 award.

Winnwood Elementary in North Kansas City School District won the Midwest Dairy Association's first place Expanding Breakfast Award totaling \$5,000. Winnwood Elementary breakfast participation grew 30 percent upon onset of Breakfast in the Classroom. A teacher, Danielle Bentley comments "I can't imagine life before serving breakfast in the class. It reminds me of trying to imagine life without cell phones!"

The award program, funded by St. Louis District Dairy Council and Midwest Dairy Council,

was launched in 2007 to call attention to the importance of alternate school breakfast. Offering breakfast outside of the cafeteria increases participation by providing service for children who arrive late or who prefer to socialize rather than eat, and by helping to remove the potential social stigma that the program is meant for low-income students.

By educating students on the importance of breakfast and involving them in menu development, Jefferson City Public School District has experienced a remarkable increase in breakfast participation. For their efforts, Thomas Jefferson Middle School earned the St. Louis Dairy Council's second place award of \$2,000. Kickapoo High in Springfield School District won the Midwest Dairy Association's second place Expanding Breakfast Award also totaling \$2,000. Kickapoo High School students have a new environment, U.B.U Lounge, with bright colored paints, music, positive message graphics, and

a gather spot including a couch and chairs. During National School Breakfast Week, students celebrate as a professional chef prepares omelets.

The two third-place winners, awarded \$1,000, were Freer Elementary in Windsor C-1 School District and Buckner Elementary in the Fort Osage School district, from St. Louis Dairy Council and Midwest Dairy Association, respectively. With creative breakfast promotions such as Breakfast and Books, Freer Elementary knows how to get students excited about breakfast. Buckner Elementary students enjoy winning prizes once a month while eating breakfast. The staff is also encouraged by the increase in test scores from the students who have started eating breakfast at school.

Six additional schools were named runner ups and received \$500. The schools included Ridgewood Middle School and Antonia Elementary, both in Fox C-6 School District; Riverview Gardens High School in Riverview Gardens School District; Jefferson City High School in Jefferson City Public School District; Park Hill High School in Parkville School District; and Smith-Hale Middle School in Hickman Mills School District.

For more information about the Expanding Breakfast Award winners from 2007 or for details on the Expanding Breakfast Award for 2008, please visit <http://www.stldairycouncil.org> or <http://www.midwestdairy.com>.

DESE School Food Services Summer Workshops

Summer workshops have been scheduled for:

July 8

Jefferson City

July 16

Cape Girardeau

July 17

St. Louis

July 29-30

Kansas City

August 5

Joplin

August 6

Springfield

August 12

Jefferson City (New Hires)



Possible topics:

- Commodities
- Kitchen math/food-buying guide
- Healthier generations/wellness policies
- Records
- Eat Smart guidelines/using whole grain products

For additional information, watch our Web site at <http://dese.mo.gov/divadm/food>. More details should be available by mid-March.

Verification

Verification of approved applications for the Free and Reduced Price Meal Benefits process begins annually on October 1 and should be completed by November 15. A summary report should be finished and submitted to the State Agency by December 15.

If you have not yet completed this report, please do so and forward it to the State Agency. A blank summary report can be found online at <http://dese.mo.gov/divadm/food>. A huge thanks to those who submitted the report by December 15.

get ON line

MSNA Web Site

The School Food Services Web site is linked to the Missouri School Nutrition Association (MSNA) (formerly known as Missouri School Food Service Association, or MSFSA) Web site. Check Additional Sites of Interest at the bottom of our home page. For more information about MSNA, logon to <http://www.msfsa.net>.

National Food Service Management Institute

Every year the National Food Service Management Institute (NFSMI) presents satellite seminars in April and October and live interactive teleconferences in January and August. Check the link on our home page under Additional Sites of Interest. The NFSMI Web address is <http://www.nfsmi.org>. Click on Educational Opportunities for satellite seminar information.

Resource Materials

Check out the newest resource information under our Resource button at <http://www.dese.mo.gov/divadm/food>:

- St. Louis Dairy Council
- Midwest Dairy Association
- Missouri Coordinated School Health Coalition

School Nutrition Association's Annual Conference

SNA 2008 Annual National Conference
PHILLY
 the school nutrition event of the year!
 July 20-23, 2008



The SNA 2008 Annual National Conference is scheduled for July 20-23 in Philadelphia. For more information, visit <http://www.schoolnutrition.org>.

Summer School Child-Nutrition Programs



Local education agencies (LEAs) that operate summer school programs may extend the services of their school lunch and/or school breakfast programs to attending students.

If school sites restrict meal services to summer school students only, these sites must operate under the National School Lunch Program/School Breakfast Program (NSLP/SBP) regulations.

The Seamless Summer Option is operated under NSLP/SBP

guidelines and is administered by DESE. These summer sites must be located in needy areas where 50 percent or more of the children qualify for free and reduced-price school meals. The sites may also be located in non-needy areas provided that at least 50 percent of the children enrolled at these sites qualify for free and reduced-price schools.

The Department of Health and Senior Services (DHSS) administers the Summer Food Service Program (SFSP). Site eligibility for SFSP is determined in the same way as for the Seamless Summer Option except that determinations are made by DHSS. Meals may also be served in non-needy areas provided that at least 50 percent of the children enrolled in a site's food program qualify for free or reduced-price school meals.



New for 2008: The lesser of comparison between actual costs and meals times rates has been eliminated, meaning that schools are guaranteed to receive a higher rate of reimbursement in the SFSP than in the Seamless Summer Option. Schools that have participated in the Seamless Summer Option in the past may complete a user-friendly online application with DHSS for SFSP. Claims for reimbursement should be submitted online as well. Look for more information soon in your mailbox, or call DHSS at (888) 435-1464.

Many children are at nutritional risk when they do not have access to school meals. Missouri schools have three options available to feed children during the summer.

Daily Participation Record (Logs)

Federal regulations require that LEAs examine lunch counts submitted by individual schools to determine if the counts are accurate. These examinations must be completed before the submission of monthly claims for reimbursement to the State Agency. Data to be used in performing the required edit checks of individual school lunch counts should include:

- enrollment in the participating schools.
- Average Daily Attendance (ADA) in the participating schools.
- School Attendance Factor (ADA divided by enrollment).
- number of days meal served.
- number of children eligible/approved for full-price meals, reduced-price meals and free meals. (Use the highest

number approved in each category during the month. The number eligible for full-price meals = enrollment minus the number approved for reduced-price and free meals.)

The Daily Participation Record can be found at <http://dese.mo.gov/divadm/food> under Most Requested Forms.

Summer Food Service Program vs. Seamless Summer Option

Missouri Department of Health and Senior Services (MDHSS)
Bureau of Community Food and Nutrition Assistance

Missouri Department of Elementary and Secondary Education
(DESE)
School Food Services



Topic	Summer Food Service Program—MDHSS		Seamless Summer Option—DESE	
Contract or Application Agreement	Requires contract w/MDHSS		Piggybacks on National School Lunch Program (NSLP) application agreement	
Application and Budget Requirements	User-friendly, on-line application, budget and site information sheets		Approval is required for each site	
Record-Keeping	Maintain program documentation as described in SFSP handbooks. New, simplified cost accounting for 2008!		Continue to collect and retain records as in NSLP	
Eligible Meal Types	<ul style="list-style-type: none"> • Breakfast • Lunch/Supper • Snack 		<ul style="list-style-type: none"> • Breakfast • Lunch/Supper • Snack 	
Maximum Number of Meals Per Child, Per Day	Two		Two	
Reimbursement Rates	Breakfast	\$1.7275	Breakfast	\$1.35
	Lunch	\$3.0375	Lunch	\$2.47
	Snack	\$0.7175	Snack	\$0.68
Severe Need	Same as above		Breakfast	\$1.61
			Lunch	\$2.49
Commodities	1.5¢ commodity entitlement per meal		May use regular school-year NSLP commodities	
Monitoring	<ul style="list-style-type: none"> • School District must perform on-site review for each site in the 1st and 4th weeks of SFSP operations • MDHSS will review School District during the first year of SFSP operations and at least once every three years thereafter 		<ul style="list-style-type: none"> • School district must perform on-site review for each site within first three weeks of Seamless Summer operations • If a CRE review is conducted during the 07-08 school year, DESE will review Seamless Summer program in 2008 	

Site Eligibility	<ul style="list-style-type: none"> • By Area (where at least 50% of children at the school qualify for free/reduced price meals) OR • By Enrollment (where at least 50% of children enrolled in Summer Program qualify for free/reduced price meals, as supported by Income Eligibility Forms (IEFs)) 	Same as SFSP 
Eligible Participants	Children in low-income areas 18 years of age or younger, as well as disabled adults over age 18 enrolled in school during the regular school year	Same as SFSP
Public Notification	MDHSS sends required public media notice for School District. School District encouraged to conduct local outreach.	School District is responsible for public notification.
Training	<ul style="list-style-type: none"> • School District required to train Program staff annually. • Attendance at MDHSS training required for new sponsors. <p>Encouraged thereafter but not required.</p>	School District encouraged to conduct NSLP/SBP training of local staff, but not required.
Site Change Reporting	Site changes are reported on-line, and include meal service time change, changes in operating dates, field trips, etc.	<ul style="list-style-type: none"> • An additional approval is required for all site additions • School Districts must report meal service time changes and site closures
Meal Pattern	<ul style="list-style-type: none"> • Meal pattern must meet standards found in SFSP regulations at 7 CFR 225.16(d) OR • School Districts may use NSLP/SBP menu planning system used during the regular school year • School Districts may use offer vs. serve if they do so during the regular school year 	NSLP/SBP meal patterns/menu planning system used during the regular school-year 
Claims for Reimbursement	<p>School Districts will be reimbursed based on the number of meals served multiplied by the operational and administrative rates shown above (adjusted upward for 2008).</p> <p>New for 2008—there is no longer a “lesser of” cost comparison for SFSP reimbursement!</p>	School Districts will be reimbursed based on the number of meals served multiplied by the single meal rates shown in the Reimbursement Rates section above